



International  
Humanity Foundation



**Annual report 2010**

# International Humanity Foundation

## Annual report 2010



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## **Letter from Carol Sasaki, CEO**

*It seems that every year there's something extremely painful to deal with – whether it be tsunamis, floods, famine or any other natural or humanitarian tragedy that puts children's lives at risk. 2010 has been a tough year in many ways. The ongoing financial instability in western countries has made it very difficult for IHF to maintain the level of care our children so desperately need and deserve.*

*On a personal level, it has also been a painful year as several of our child rescues for children being trafficked for sex, went badly. It hasn't happened often in our twenty six years of doing child rescues, but it sadly did on one during 2010. Additionally, one of our long-term members and dedicated supporters, Titim, became very ill and is unable to continue her work. Our prayers and thoughts are with her at all times.*

*Throughout these challenges and sadness however, there is much joy, light and hope within IHF. Directors sign on their amazing services for one year (occasionally six months). We are so proud that we are an all volunteer organization so that our administrative costs barely exist and donations go to our children and projects. Yet it is always hard to say goodbye at the end of their directing terms. Especially to those we love so. We are delighted that the directors who have joined us over the past year seem to be more experienced and dedicated than ever and are doing an utterly amazing job of moving IHF forward as an organization.*

*In 2010 we also established a new initiative with Global Fundraising Dinners. These events, which unite sponsors, past and present staff, directors and all our children across IHF centers and locations throughout the world are not only successful from a fundraising perspective but are also a fantastic example of the IHF mission. They show how, by just the simple act of people meeting people, that you can not only touch lives but also change them.*

*Of course, the aspect of IHF which provides consistent delight and encouragement is the success of our children. In 2010, as with every year before, IHF children have proved themselves to be outstanding human beings who will no doubt become leaders of their communities. Over 98 percent finish high school. Their self-belief and determination to lead positive lives is a constant inspiration to me. From our youngest darlings to our high schoolers, it is crucial that we secure orphan, medical and education sponsorship to provide them with a home, health care and education so that they are able to realize their enormous potential.*

cont.



*I watched our first IHF children all become incredible giving adults. I can see this same maturity and kindness in our youngest children to oldest teens who now help to teach and direct the centers and are incredible leaders with generous hearts. As we move into another year, I am aware more than ever of how the children who first came to us as babies will soon be graduating and moving on to college. Our big challenge is to provide them with the opportunities and support that will enable them to lead independent, self-sustaining lives.*

*Lastly I want to emphasize the mission of IHF. We don't exist just for our children to become educated. We equally exist to educate people from Europe, the Americas, and Australia and New Zealand. We believe it is important for all these countries to have well educated citizens who understand the ground-level reality of poverty and its abuses, and create, effective solutions from the various cultures of the world. IHF is in some ways an intensive "boot camp" in teaching our volunteers. It is not easy for them. We are very proud of the great job they do and proud of the intensive education IHF provides these world citizens with, while thankful for their help and their wanting to learn.*

*With best wishes and hope for the future,*

*Carol*



## An Introduction to IHF Programs

Half of IHF's mission is to educate the poor and the other half is to educate the world about the poor. Our vision is to strive for a world of leaders and citizens who have interacted with, and are truly knowledgeable about the world's poor. We believe in a "pass it on" philosophy where education is free and available for all who seek it. Those of us who have received a free education pass it on by helping others less fortunate by teaching, interacting and learning. With just a few hours a week, our volunteers, children and sponsors are changing the world we live in.

IHF is a non-religious, non-political, non-profit organization that strongly believes in an equal opportunity for all and in preserving the cultures, traditions and beliefs of the marginalized communities it works in.

IHF has four centers in Indonesia, one in Kenya, and one in Thailand. We run a number of long-term programs in these centers, supporting local disadvantaged children:

- Orphanage and Child Sponsorship Program
- The Education Program
- Class Sponsorship Program
- Medical Program
- Famine Feed Program
- Survival Program
- Tribal Peace Farm Program

In addition to these programs, IHF also takes an active responsibility within the local communities where our centers are based. Every year provides new challenges – whether from flooding, famine or economic hardship and we try to react as positively as possible to provide aid and support in these times of crisis.

***“Having experienced IHF’s Nakuru Center as a Co-Director, I have to describe it as one of the remarkable places I’ve had the fortune to experience. The welcoming of the children to volunteers who help is unforgettable and their brotherhood with each other is there to see whenever they step up to sing or dance. Whilst I have recently on to IHF in the Bali Center, I was lucky enough to see the first stages of the Peace Farm – which involving young men has had a steady start – I’m delighted to hear it is now moving on from strength to strength, which will prove to be a remarkable achievement.”***

Thomas Metcalfe, Co-Director, IHF Bali

# Orphanage and Child Sponsorship Program

IHF Kenya, IHF Thailand, IHF Aceh, IHF Jakarta



*IHF Thailand (Chiang Rai)*

IHF orphanages and safe-homes are open to the most vulnerable and marginalized children from slum areas and nomadic/tribal villages. IHF prefers placing children with relatives and only accepts children into their orphanage as a last resort.

Most of the orphans do not have parents due to plagues, the tsunami, HIV or abandonment caused by financial hardship. When these desperate children have nowhere else to go, they can become part of a permanent family at an IHF orphanage.

IHF orphanages are funded through the child-sponsorship program. IHF seeks funding from sponsors and organisations to cover the living cost of each child in the orphanages. The average cost per child at an IHF orphanage is USD \$37.00 per month. This covers food, toiletries, housing, clothing, utilities and housemother wages. Larger expenses such as medical fees and educational provision are not included in the monthly cost for orphan sponsorship. Please see pages 7-10 and 13 for more information on these programs.

The sponsors who support the program can communicate with the children over email, facilitated by our volunteers overseas. Through this communication, sponsors can learn about another world from a different perspective. The volunteers who visit our orphanages and interact with our children learn that happiness, laughter and giggles are abundant even in the most destitute situations. We hope that this message of hope can be relayed to the rest of the world.

***“If I wasn’t staying at IHF it would be very bad. I don’t know what I’d be doing, I’d be living in the street because I’d have nowhere to go.”***

Andrew, IHF Kenya



## **Orphanage and Child Sponsorship Program-2010 (cont.)**

***“Orphan sponsorship is the way our center is able to function. When a large proportion of the children don’t have sponsorship it has a knock on effect for the rest of the centre as it makes the budget very tight to manage. Without the Orphanage Sponsorship Program the center wouldn’t be here and the children would have to go back to Pokot where there is little food and scarce water. It really is a safer, healthier life for them with a sense opportunity.”***

Lisa Erickson, Center Director, IHF Kenya

***“IHF’s child sponsorship in Chiang Rai is vital for all of the children at the center to sustain their lives. It was an honor being part of IHF as an organization and to be part of the children’s lives in some small way.”***

Demetra Davis, Centre Director, IHF Thailand

<b>IHF Center</b>	<b>No. of children sponsored</b>
IHF Kenya	78/105
IHF Thailand	17/17
IHF Aceh	6/6
IHF Medan	n/a
IHF Jakarta	4/4
IHF Bali	n/a

# The Education Program

IHF Kenya, IHF Thailand, IHF Aceh, IHF Jakarta, IHF Medan,  
IHF Bali



*Computer lessons at IHF Aceh*



*Hard at work at IHF Bali*

The Education Program (TEP) embodies IHF's "Pass It On" philosophy, a philosophy that encourages people who have received a free education to pass it on to others.

Unfortunately, public education is not free in most developing countries. Students are often required to pay for their tuition and if not direct tuition then they are required to pay for "teacher special fees" or "desk fees" or mandatory replacement uniforms or books, exams, and graduation and other ceremonies. These fees are why the poorest children are never able to attend.

The Education Program was created to meet this need and help impoverished children attend school.

For only USD \$10.00 per month a TEP sponsorship allows a child to attend public school with 100% of the money going towards the children's school costs.

IHF verifies that all TEP applicants are actually the poorest of the poor by sending volunteers to the children's homes. In order to ensure that all donated money is only spent on schooling, TEP recipients are required to obtain a principal's or director's signature for all expenses.

***"I am thankful for IHF because it allows me to go to school. It is my hope that I will go to university and get a job. Then I'll be a rich man and I'll assist the people who have nothing."***

Paul, 14 years old, IHF Kenya

***"In Pokot, I didn't ever expect to finish school and now I've graduated another year."***

Joshua, 16 years old, IHF Kenya



## **The Education Program – 2010 (cont.)**

***“Arisa, Janjira, Darid, Kantiya are doing particularly well in school, all being in the top five in their class. Sukanya and Pratyta are also in the top 10 in their class. Darid received a scholarship and many certificates for his painting – through the scholarship he now receives 1000 Baht a year. He also came top 10 in a provincial math competition in September.***

***Pratyta (our oldest child) is now applying for open university. Kantiya, Arisa, Jiraporn and Anchalee have all received Thai dancing certificates from their school. In addition, Kantiya was awarded four certificates in 2010 - one for winning a Thai language competition, two for reading rallies and one for Buddhist camping.”***

Claire Hatfield, Center Director, IHF Thailand

<b>IHF Center</b>	<b>No. of children sponsored</b>
IHF Kenya	103/108
IHF Thailand	17/17
IHF Aceh	11/12
IHF Medan	30/30
IHF Jakarta	12/12
IHF Bali	30/31

# Class Sponsorship Program

IHF Kenya, IHF Thailand, IHF Aceh, IHF Jakarta, IHF Medan,  
IHF Bali



*Children proud of their work in IHF Bali*

The Class Sponsorship Program was created as a supplement to The Education Program and provides additional English, Math and Computer classes at each centre.

The public schools that service the children of IHF are located in impoverished areas and do not have the resources to provide a good standard of education. Many schools do not teach computer skills or a level of math that is required for high school entrance exams. Additionally, there is a mentality among some teachers that because the children are poor they will never require a higher level of education.

Dollar for dollar, the class sponsorship program has the greatest long term impact on the children of IHF.

IHF believes that in an increasingly global world it is vitally important for the privileged to be connected to, and understand the issues of the world's poor. This program seeks to build grass-roots connections between classes of students in the west and the poorest of the poor students overseas. It is a strong message of how a small amount of money can make a huge difference to another person's life and opportunities.

It costs USD \$30.00 a month to sponsor a class of approximately 15 to 20 students (USD \$1.50 per student a month). This covers the volunteer teacher's monthly per diem of USD \$50- \$60, electricity and teaching materials.

***I thank my sponsor for letting me come for classes here. I will work hard in the next years to make it worth it!***

SudianTara, 12, IHF Bali

***"The classes are so good because in school you can't always ask the teacher – here you help me with all my questions."***

Jonathan, 18, IHF Jakarta

***"Learning English is difficult but I have a chance with IHF now. Thank you."***

Syahrul, 7, IHF Bali



## Class Sponsorship Program – 2010 (cont.)

***“It’s really important to teach the children in the less formal center environment. It’s a chance for them to experience other cultures and expand on what they are taught in school.”***

Kim Dutbrowski, IHF Volunteer

***“I really enjoy teaching the children. I was scared to teach in the past, always afraid to make mistakes. But the more I do it, the more I find it is a learning process. Learning about your students, gaining perspectives from them, etc. I taught my students to write paragraphs today: it was difficult for them to string their thoughts together in English, but my classes work so hard. After the lesson, they stayed after to ask for help, and were curious about my political and world views instead. Sometimes I wish I knew more and could give them more.”***

Ng Lye Ee, IHF Volunteer, Jakarta

<b>IHF Center</b>	<b>Sponsored / unsponsored classes</b>
IHF Kenya	5 / 13
IHF Thailand	1 / 1
IHF Aceh	3 / 11
IHF Medan	7 / 23
IHF Jakarta	11 / 30
IHF Bali	8 / 17

# Famine Feed Program

IHF Kenya



*The IHF Kenya truck stocked and ready for a Famine Feed*

Due to extreme conditions in Kenya's Pokot region resulting from the past drought, we are currently conducting a famine feed each month, costing an average of USD \$600 a time. This feeds over 1000 people, mostly women and children. These famine feeds are conducted out in the desert areas of the Pokot nomadic tribe.

The money that is needed for famine feeds is calculated by predicting how much we can afford to spend on food each month. Once we determine which populations we work with are in the most need, we organize famine feeds and divide the purchased maize and vegetables amongst the people who need it most.

Many of those who receive food from this program have to walk all day to get their two handfuls of maize and vegetables. We serve children and mothers first but unfortunately never have enough for all who need it.

It is heart-wrenching to have to turn people away when the food runs out.

Lisa Erickson, Center Director at IHF Kenya, shares her first experience of a famine feed:

***"It's distressing to see people fight over such a small amount of food – and quite overwhelming when you realize how much the people of Pokot rely on the monthly feeds."***

***"The first time I went on a famine feed I hadn't taken any water. I walked from one village to another and I was so hot and tired. I couldn't stop thinking about how the people in Pokot have to do it every single day of their lives. Although they're malnourished they have to be so much stronger than I'll ever be. Every time I organize a feed and meet the people we help I get a deeper appreciation of what poverty really means."***

# Survival Program

IHF Kenya



Whilst the Famine Feed Program provides some immediate relief for the impoverished tribes local to the IHF center in Nakuru, it does not provide a sustainable way of living.

The land that many tribes live on has become unfarmable due to desertification and so goats, calves and chickens have become a major mode of survival.

IHF encourages public donations to support the purchase of livestock which can then be distributed to the tribes.

The goats, calves and chickens are used to help families survive the drought period. Goats and calves are used for their milk – and eventually meat - and are also bred to maintain the supply and occasionally sold at market.

In December, due to an increase in donations, we were able to provide a fantastic amount of livestock – 100 chickens, 58 goats and 2 calves.

The older children at IHF Kenya are heavily involved in the survival program. They help to haggle for prices at market – which fluctuate throughout the year – and also with the distribution of the livestock amongst the tribes. The children learn organization and leadership, negotiation skills and the importance of sustainable living.

***“The survival program is good because it supports people who could die today. It is extending their lives. We’re giving a goat that can reproduce, can be sold and create sustainable lives until the rain comes.”***

Joshua, 16, IHF Kenya



## Medical Program

IHF Kenya, IHF Thailand, IHF Aceh, IHF Jakarta

Many of the children, especially those new to the centers, are easily prone to illness due to their previously poor living conditions. A small scratch or stomach bug can prove very serious in view of the abundance of typhoid, amoebiasis, malaria, and other diseases in the region.

The medical program at IHF is at its beginning stages and is currently comprised of small medical cabinets in each center that provide basic first aid needs to the children. The employment of a full-time in-house nurse last year at IHF Kenya has meant that the children and staff there can be administered to and seek advice from a professional with regards to minor conditions.

***“The medical program is very helpful and economical. The main symptoms and complaints from the children are of mild headaches, stomach discomforts, coughing, sore throats, fungal infections, ringworm and malaria. The fact that we’re on site is good because we can treat them as soon as the symptoms arise.”***

Boaz, IHF Nurse, Kenya

IHF hopes that the program can build on these small beginnings to provide a much larger range of medicines and services. The vision consists of a small and free (or low-cost) medical clinic that can be open to the public. To achieve this IHF is looking at the possibility of cool storage for vaccines, an abundance of vitamins, worm-treatment drugs and others. Success of the programme would bring medical help to the children of IHF as well as the vulnerable people in the surrounding community.

### Medical Program Sponsorships – 2010

IHF Center	Children sponsored
IHF Kenya	62/105
IHF Thailand	17/17
IHF Aceh	6/6
IHF Medan	n/a
IHF Jakarta	4/4
IHF Bali	n/a

# The Tribal Peace Farm

IHF Kenya



*The boys collecting grass after one of the fields was cleared.*

Tribal warfare in the Pokot region has taken place historically and continues to today, due to ongoing drought and the desperate search for water and food. Tribes are killing each other in the hope of finding water and nourishment to feed their own families. The Nakuru center is fortunate enough to have 15 acres of land adjacent to the center buildings. As the land in and around Nakuru is known for being very fertile, we are dedicating most of this area to create a farm and vegetable garden.

In addition to providing food for our children at a low cost, our monthly famine feeds also assist those our kids left behind in Pokot; these two concerns are unparalleled to us. In the instance of tribal violence, the crops grown at IHF can be used as an effective peace offering from one tribe to another. IHF encourages leaders to tribal utilize this.

The Tribal Peace Farm is an extension of our orphanage and brings together people from all surrounding backgrounds. Here we are harvesting the land with highly organized group effort involving people from all over the world. Our children are eager to assist; although the Tribal Peace Farm started on a very small scale and with limited funds, in 2010 we have expanded to include spinach, kale, cabbage, onion and tomatoes.

Plans for the future include:

- Plantation of maize, beans and potatoes – ultimately growing cash crops in order to generate capital for planting needs and work on the infrastructure of the farm and orphanage.
- Extension of vegetable garden as well as plantation of fruits
- Addition to irrigation materials, including an extra water tank and sprinklers
- Fencing of the farmed land to protect it from animals and intruders
- Acquisition of a good milking cow as well as a number of goats and chickens to ensure we can provide milk, egg and cheese as part of the children's routine diet.

***“The Peace Farm is a great initiative; we're teaching the older boys how to farm and create a sustainable lifestyle as well as how to direct and manage a large group of people. It's a big project that takes a lot of energy and cooperation from everyone. As a volunteer I'm learning an enormous amount for the whole project – not only from the kids but also about how to work within this community.”***

Madeleine Gieysztor, Centre Co-Director, IHF Kenya

## Volunteering with IHF



IHF Volunteer Madeleine and baby Ian

IHF's mission is to not only educate the poor but to educate the educated about the poor. Volunteering with IHF is not just about providing support to those in need but is also a deep learning experience.

As part of the IHF family, volunteers witness first hand what prolonged starvation and famine looks like, what it means for children to live in slums and how the poorest people have no voice as their world develops around them.

At IHF we believe that our volunteers learn vital lessons about poverty, humanity and empathy – crucial in the struggle to work towards a more positive and sustainable world.

***“Being in contact with the children in Chiang Rai provided me with understanding of how they feel and the way they experience the world. I’m really impressed by not only how they work hard at school but also by their behaviour in the centre. Indeed they act as a family and really respect and protect each other.”***

Maina Horel, IHF Volunteer

***“Volunteering at both the Nakuru and Bali Centers has exposed me to two vastly different cultures and taught me of the need to approach them uniquely. Until you reside in a region of the world, it is impossible to say how to begin addressing its fundamental issues. Obeying cultural codes is imperative to forming long-lasting impact and relations with the locals. It could take a life-time of learning, and that’s what I’m ready for.”***

Rebecca Kuykendall, IHF Volunteer, Nakuru and Bali Center

IHF volunteers are multinational and bring a range of different skills and experience to the organization. We are constantly recruiting for volunteers, as well as seeking new avenues and methods to make individuals and organisations aware of the opportunities to work with IHF. In 2010 there were 23 short-term volunteers across the 6 centers. Whilst their help was invaluable, we are striving to increase this number to 50 across the centers for 2011.



## IHF Staff Members

<b>CEO</b>	Carol Sasaki
<b>Executive Director</b>	Naomi Mwakasege
<b>IHF Kenya (Nakuru)</b>	Lisa Erickson
	Madeleine Gieysztor
	Anna McKeon
<b>IHF Thailand (Chiang Rai)</b>	Claire Hatfield
	Jirasak Phongkasem
<b>IHF Indonesia (Medan)</b>	Arnau Martinez
<b>IHF Indonesia (Jakarta)</b>	Ade Sucipto
<b>IHF Indonesia (Bali)</b>	Thomas Metcalfe
	Rebecca Kuykendall

IHF is also supported by a wealth of volunteers who are entirely self-funding and are vital to the outreach and success of the organisation.



## Financial Report

Statement of Revenue and Expenditures (all values in USD)

Year ended December 31, 2010

### Revenue:

<b>Donations from the public:</b>		
Child sponsorship (Orphan)	\$	44.022,63
Child sponsorship (Medical)	\$	11.599,72
Child sponsorship (TEP)	\$	23.819,53
Class sponsorship	\$	12.932,89
Famine Feed	\$	6.200,00
Survival	\$	7.360,00
Peace Farm	\$	317,00
Medical Program	\$	395,00
Kenya bound general donations	\$	14.472,00
Indonesia bound gen. donations	\$	2.371,40
Thailand bound gen. donations	\$	250,25
General Donations	\$	23.034,20
Volunteer money	\$	17.552,21
<b>Company grants:</b>	\$	40.000,00
<b>Donated goods:</b>	\$	0
<b>Investment and other income, net</b>	\$	0
<b>Total</b>	\$	204.326,83

### Expenditures

<b>Program</b>		
Indonesia	\$	74.813,40
Kenya	\$	107.453,75
Thailand	\$	27.332,29
<b>Support</b>		
Fundraising	\$	0
Administration	\$	0
<b>Total</b>	\$	209.599,44
<b>Excess of expenditure over revenue</b>	\$	5.272,61

## IHF Donors



### **IHF major donors**

TMS Corporation

Barclays

Fijitsu Corporation

IBM

AWS

Anonymous donations

*The majority of donations to IHF come in the form of small, one off or intermittent funds from individuals. We also receive gifts of books, clothes, medicines, toys, teaching materials, food, toiletries etc also mainly from individual and volunteers who visit the centers.*