

The Monthly Update

January 2010



Half of IHF's mission is to educate the poor and the other half is to educate the world about the poor. Our vision is to strive for a world of leaders and citizens who have interacted with, and are truly knowledgeable about the world's poor. We believe in a "pass it on" philosophy where education is free and available for all who seek it. Those of us who have received a free education pass it on by helping others less fortunate by teaching, interacting and learning. With just a few hours a week, our volunteers, children and sponsors are changing the world we live in.

IHF is a non-religious, non-political, non-profit organization that strongly believes in an equal opportunity for all and in preserving the cultures, traditions and beliefs of the marginalized communities it works in.

Soccer and Gratitude in Jakarta

By Seema Mala

On December 18 we had a thank you function at our Jakarta centre to show our appreciation to Barclays Bank for their very generous donation to IHF earlier last year. This was an important and respectful occasion for our centre as the Barclays donation provided USD \$12,000 to fund repairs to all Indonesian centers and USD \$28,000 to run and add more classes. These benefit our students and communities and we will be able to recruit more volunteers and teachers to educate the students and to continue to “pass it on.”

Preparing the event was a busy and exciting time here in Jakarta. We had frequent meetings to plan, organize, notify students and decorate among other tasks. Everyone did their share. The children at the center pitched in with ideas and feedback and helped with the preparations. The students did their bit with decorating, bringing in mats to sit on and cleaning up. It was a good time to get to know our students more outside of class.

The event went very well. Despite last minute change in times, almost all our students turned up to show their interest and acknowledge the generous support from Barclays as Sity Leo Samudera, the head of Barclays Indonesia, came to our centre with her three sons. After speeches of welcome and thank yous, everyone had lunch, which was donated by Barclays. Her sons gave all our students books, a very nice surprise. After lunch we got the students started on fun games. Sity’s youngest son joined in, and it was great entertainment with loads of cheers and laughter.

We would once again like to give a very big thank you to Sity and her sons for coming to our centre and to Barclays for the generous donation to all our IHF centres here in Indonesia. Thank you to all our children, students and everyone that helped in anyway to make the function a success.



I would like to just update you on Adit's football training experience.

On the first day of Arsenal Soccer School, he received a full uniform. He immediately changed, put on his shoes and made his own way to the fields. I thought it was very self-confident of him.

He was very good at the training, playing with the team and constantly trying. His enthusiasm was obvious. At breaks, he only came to have a drink of water, then rushed back on the field. He always kept a positive and upbeat attitude.

On the third day he got two certificates for participating. He was a bit down that evening. I guess he realized it was over. I asked him how it all was for him. Adit said it was a great opportunity and it would be good to go back. He described the goals and kicks from the days very well and obviously enjoyed every bit of it.

Arrivals and Reunions in Chiang Rai

By Naomi Mwakasege

She came with a smiling face and wore a neat blue skirt and white top and just jumped into my hips and hug me! She didn't for a moment stop running her hands on my head, touching my hair and kissing my forehead.

It was none other than Nok! She is the smallest girl at the IHF Thailand center; I couldn't imagine such a little girl welcoming me with such love! I felt like I was back in Nakuru center, her greeting was so warm and familiar..

Every morning before going to school she made sure she found me, wherever I was, just to say "Bye" and hug me! She was my trainer in the Body Building game and was always so happy and interested in making others happy too.

All the children were eager to talk with me. Some wanted to know about their brothers and sisters at the Nakuru center. Some taught me how to eat the Thai food full of spices and teach me their language. Surely it was a very good experience being with those lovely children.



My time in Thailand was very enjoyable as day after day I looked on as Carol Sasaki, the founder of IHF, showed her children honest love. Sometimes she slept with some of them in her room just to be closer with them, listening to their needs and solving problems! I admired her great job in helping those children.

She also liked to hear from volunteers and staff and conducted meeting with them in a very peaceful way. She respected their every idea. Other volunteers like Sam, Learn, Patrick and Haid, were able to visit different places with children. The children were very cooperative and appreciated everything Carol and volunteers did for them. I like the way they behaved, and I believe that they are following the footprints of their mother!

Beginnings and Meetings in Bali

My name is Uteng, and I would like to share with you my wonderful experiences with IHF at the Bali center. I have been with IHF almost one year now. When I joined, I was interested in IHF's mission and its true by experiencing of my self. Since then, IHF has taught me how to share my life with the children and community and to truly engage with poverty, education and struggle to make a better life.

In Bali center, I spend time playing with the children and teaching them to improve themselves, to spread their wings. No matter their background, culture, or tribe, everybody can learn here. Bali is religiously diverse, so Muslim, Hindu, Christian children all learn here. No attribute bars them from participating. Everyone is free to enjoy the same education and learn about the real life.

My desire to help the children drastically increased when I visited the children in Songan village. Songan village is a community of very poor families. When I saw how they live in such small homes and it is so hard get water, it made me so sad to see them, but the children in Songan village are really great. They come to my English lessons enthusiastic. I know they will be good people.



By Titim Eliawati

We always find lessons in each IHF center and surrounding community. Sometime it is hard to understand the lesson, especially when we are dealing with problems after problems. But then we realize that all these problems encourage us to better understand life and why we should keep IHF as family, a small and pure organization.

On December 2 we had a meeting with our Advisory Council. Advisory Councils are attended by prominent local people who offer advice to our Bali center. Our Bali center is in between Hindu village and Muslim village, and two people serve as representatives from each com-

munity. Carol Sasaki attended the meeting as well. The meeting was successful and convinced us that the community around the center still needed IHF very much, especially the education program and free class sponsorship program. We felt so relieved by this news and believe that no matter how hard the struggle we face, we know that our efforts benefit the community and the children.

One result of the meeting is that Bali center staff will send regular reports which contain information on projects and finances and news about IHF volunteers. The other result is that the Advisory Council and Bali center will

invite people from each community to sit together and discuss currently running IHF programs and any program that IHF can start to help fulfill community needs. This meeting will be help in the middle of December.

Hopefully, through smooth communication between IHF and the community, everyone can learn how important it is to be a small, honest, ethical and pure organization. With all the support that comes from all over the world, IHF can be a lesson for anyone who wants to learn from experience.

Paintings and Thanks in Medan



Happy New Years from ALL our children at the Medan center!

Well, I hope that you enjoyed your holidays and are ready for another year. Here in Medan, we organized many events for our holidays and are preparing lessons for months to come. Our most recent volunteers Keith and Jean Somerville-Rabbitt have said good-bye but not before leaving us a dinosaur mural for our children to enjoy. Yes, folks, dinosaurs and I might just like them more than the kids. To be honest, I will really miss Keith and Jean as they were determined to make a difference at IHF. While many volunteers come with this spirit, they must be recognized because it is so hard to persevere for so many weeks as some do. I just want to say thanks to all the volunteers that have made this center special this past year. You have made it special for the children and helped IHF grow.

Another great volunteer was Octavia Hall who helped rebuild our English program to make it both better by creating a stronger direction. She added a great deal to our class material and helped with class preparation for months ahead. Not to mention she is super excellent with the kids and they loved her. Thanks Octavia.

Other volunteers I want to thank include Michael Burnside, Daniel Steffel, and Daniel O'Niell for their amazing donations and help painting the center. It was a difficult job, but we finished it. Thanks guys. Also a big thanks to Matthias Mulazzani and Erica Miller for helping make the kids' parties a huge success.

For our special donations I wanted to thank Brent Nichols and family, the Leong family, Ken Santos and all our volunteers who bought or brought goods for our Medan center.

Thanks all for remembering us last year,

Mike Windover
Center director

Teaching and Swimming in Aceh

I arrived in Banda Aceh almost 48 hours after leaving home; I was tired, hungry and terribly homesick but all was forgotten the moment I met my first member of the Aceh family at the airport. It was such a relief to meet friendly and helpful Fadly after such a difficult journey – but better still was my reception when I reached the house “Ka! Ka! Ka!” My welcoming committee consisted of seven adorable children and Bunda, the ever helpful and loving house mother, all eager to meet me.

My time at the centre was spent getting to know the family and teaching two English classes three times a week to local children. That was definitely the most difficult aspect of my trip. I had no prior experience and was very nervous to begin! At my first lessons 26 children turned up, and it was tough trying to keep their attention and keep it interesting for them, especially when they're all at different levels! Eventually I got the hang of it but before-class nerve never completely disappeared!

The absolute highlight of my stay was our trip to the beach. Beginning the night before the excitement in the house mounted with non-stop chat about the sea, swimming and what snacks we would take! Even the trip there was so scenic! We saw lots of rice fields along the way! We got there by 8:30 a.m. which was nice as the temperature was just right on our beautiful, unspoilt beach. The children were all very happy swimming and playing in the sand, and we even managed a ride on a speed boat. Everyone enjoyed it but little Meri. Her expressions went from excitement to fear to joy in seconds. I wish I could have captured them!

My two weeks at the Aceh centre went all too quickly. I wish I had more time to spend with the family there. Breaking the language barrier with



the children took time, but we did eventually get there. The children were very generous as they made a lot of effort to try to get “Ka” (sister) to understand what they were talking about, and they included me in their conversations although it must have been a little tedious to stop and try and explain things one by one to me! Simple things like games and the children’s love for Uno and Connect 4 helped build my relationship with them.

Overall I have been more than impressed with the center and how it is run. I think the children are looked after very well and have a very good standard of living and care. From what I observed, their basic needs are met reasonably well.

All the children in the family have so much character and personality, each very special in their own individual way; getting to know them has been a very privileged experience for me, and I wish all of them much happiness and success in their lives.

Holidays and Tournaments in Nakuru

By Chris Heinrich

Though many of the children returned to Pokot for the first three weeks of December and the end-of-year school holiday, the Nakuru center remained a hive of activity for children and directors both.

Early in the month, a local secondary student approached the center directors with his idea for a soccer tournament. From this initial meeting, the Nakuru West Football Peace Tournament was born. It attracted the interest and energies not just of those at the center but boys from the community as well. Even before the tournament began, a group of boys spent two days working on the field to create new side- and midfield-lines and set up new goal posts. Eight teams of local boys, all under 15, competed in the tournament, and we were exceptionally proud of our boys, Carol AFC, for leading in point totals heading into the knock-out rounds and ultimately taking the championship.

The children were also very excited to welcome Naomi Mwakasege back to the center this month. Naomi served as director until this September but graciously offered to return in order to lead the center while current directors Chris and Demetra are forced to leave Kenya and East Africa in January for a few nights in order to renew their visas. Her arrival couldn't have been more timely as she arrived in time to organize the children in preparing special Christmas and Boxing Day meals including chicken and *pilau*, a spiced rice. As gifts, the children personally received new shoes, clothes and sweets, and they received a communal gift of a new DVD player. The children have already watched *Star Wars* and *E.T.* and are looking forward to more.

With the new school year beginning this January, it doesn't appear as though life at the center will slow down in the least. We are especially excited for this new year as six children will advance from pre-school to primary this month, and another five children will enter a new secondary school in February.

There is a lot to look forward to this year, and we are excited to get it started.



Volunteer of the Month

Nutan Mehta was twice nominated as volunteer of the week this past month. Nosayr Yassin of the Childwatch team nominated Nutan for being an exceptional diligent volunteer who completes his task in the finest form and caring for his assigned children by sending season greetings and letters without fail. Claire Hatfield from the Fundraising Activities team nominated Nutan for raising £500 through a charity dinner. Nutan describes his experience below.

I always wanted to help poor children and joining IHF gave me an opportunity to bring smiles to children. After joining the Childwatch team, I felt I needed to do more and thought Christmas was the best time to make people realise that though their presents are on their way many will not even get a meal on that festive day.

To help bring smiles to IHF's children I requested a restaurant owner to help with a fundraiser by charging us only for food and not services or the hall. Then we sold the tickets to the meal for £15 per person. We reminded people of the children in need and managed to sell all the tickets. Then we hosted a small raffle. Tickets were £1 each, and we gave out ten gifts at the dinner. After the dinner was finished, we divided the money raised between three charities, including IHF. That money is now being used to sponsor two children at the Nakuru centre for the coming year.

Children who need your help



Apura Akeno
Age : 10
Needed Sponsorship :
TEP, Orphan, Medical
Kenya, Nakuru

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Atupu Ngorinyang
Age : 8
Needed Sponsorship :
Orphan, TEP
Kenya, Nakuru

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Ayu Yuli Eka Pratiwi
Age : 15
Needed Sponsorship :
Orphan
Indonesia, Jakarta

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Bel John
Age : 10
Needed Sponsorship :
Orphan, Medical
Kenya, Nakuru

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Chebet Akortepa
Age : 12
Needed Sponsorship :
Orphan, Medical
Kenya, Nakuru

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Chelimo Kukat
Age : 14
Needed Sponsorship :
TEP, Orphan, Medical
Kenya, Nakuru

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Chemongot Nadomo
Age : 9
Needed Sponsorship :
Orphan, Medical
Kenya, Nakuru

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Chepanga Lokeris
Age : 16
Needed Sponsorship :
Orphan, TEP
Kenya, Nakuru

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Children who need your help



Chesongol Pkukot

Age : 15
Needed Sponsorship :
Orphan, Medical

Kenya, Nakuru

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Cheyech Pliian

Age : 11
Needed Sponsorship :
TEP, Orphan, Medical

Kenya, Nakuru

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Clarison Kiplimo

Age : 14
Needed Sponsorship :
Orphan, TEP

Kenya, Nakuru

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Daniel Ndegwa

Age : 14
Needed Sponsorship :
Orphan, TEP

Kenya, Nakuru

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Nyoru Kamayo Nadomo

Age : 10
Needed Sponsorship :
Orphan, Medical

Kenya, Nakuru

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Paul Kakoku

Age : 13
Needed Sponsorship :
TEP, Orphan, Medical

Kenya, Nakuru

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Pliian Chukatum

Age : 9
Needed Sponsorship :
Orphan

Kenya, Nakuru

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Prairock Jupoh

Age : 15
Needed Sponsorship :
Orphan

Thailand, Chiang Rai

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Children who need your help



Kamama Nameria

Age : 6
Needed Sponsorship :
TEP, Orphan, Medical

Kenya, Nakuru

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Kamsino Lomertelo

Age : 12
Needed Sponsorship :
Orphan

Kenya, Nakuru

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Kaparnat Korireng

Age : 9
Needed Sponsorship :
TEP, Orphan, Medical

Kenya, Nakuru

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Kasigho Tudorok

Age : 12
Needed Sponsorship : TEP,
Orphan, Medical

Kenya, Nakuru

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Kemoi Musa

Age : 5
Needed Sponsorship :
TEP, Orphan, Medical

Kenya, Nakuru

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Kevin Omondi

Age : 11
Needed Sponsorship : Orphan,
Medical

Kenya, Nakuru

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Kibet Samuel

Age : 14
Needed Sponsorship :
Orphan, Medical

Kenya, Nakuru

[Read More / Sponsor Child](#)



Lochi Ngicha

Age : 15
Needed Sponsorship :
Orphan, Medical

Kenya, Nakuru

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Children who need your help



Emmanuel Kemol

Age : 4
Needed Sponsorship :
Orphan

Kenya, Nakuru

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Evarfin Cherop

Age : 10
Needed Sponsorship :
Orphan, Medical

Kenya, Nakuru

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Harison Kiptoo

Age : 18
Needed Sponsorship :
TEP, Orphan, Medical

Kenya, Nakuru

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Jane Eburu

Age : 12
Needed Sponsorship :
Orphan

Kenya, Nakuru

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Jonathon Kaptui

Age : 17
Needed Sponsorship :
Orphan, Medical

Kenya, Nakuru

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Joshua Losute

Age : 17
Needed Sponsorship :
Orphan, Medical

Kenya, Nakuru

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Kachi Domokong

Age : 11
Needed Sponsorship :
Orphan, Medical

Kenya, Nakuru

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Kamama Reuben

Age : 8
Needed Sponsorship :
Orphan, Medical

Kenya, Nakuru

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Children who need your help



Lorus Tapalaa

Age : 8
Needed Sponsorship :
TEP, Orphan, Medical

Kenya, Nakuru

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Losute Dike

Age : 6
Needed Sponsorship :
TEP, Orphan, Medical

Kenya, Nakuru

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Lotudon Nakorwa

Age : 12
Needed Sponsorship : TEP,
Orphan, Medical

Kenya, Nakuru

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Narumbe Losute

Age : 12
Needed Sponsorship :
TEP, Orphan, Medical

Kenya, Nakuru

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Rogers Pillan

Age : 14
Needed Sponsorship :
TEP, Orphan, Medical

Kenya, Nakuru

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Ruto Tepakol

Age : 11
Needed Sponsorship :
TEP, Orphan, Medical

Kenya, Nakuru

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Sheila Faith

Age : 12
Needed Sponsorship :
Orphan, Medical

Kenya, Nakuru

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Stephen Lopeto

Age : 12
Needed Sponsorship :
Orphan, Medical

Kenya, Nakuru

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Children who need your help



[Chepkukat Lopuo](#)

Age: 8
Needed Sponsorship: Orphan

Kenya, Nakuru

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[Chepuser Sakaria](#)

Age: 7
Needed Sponsorship: Orphan, TEP

Kenya, Nakuru

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[Turu Aremule](#)

Age: 15
Needed Sponsorship: TEP, Orphan, Medical

Kenya, Nakuru

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